

# Maranatha Newsletter

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#### **MANAGER'S MESSAGE**

I can't believe it is the month of February, and since our last newsletter, we have celebrated many events with lasting memories. I hope all families and friends of Maranatha, were not impacted by the weather recently, and our thoughts and prayers are with all those that were affected by the devasting events of flooding. We continue to implement COVID monitoring, by encouraging all visitors to Marantha to continue with RAT testing prior to entering the facility. Our staff continue to RAT test at the commencement of each shift, and we will continue with this, in consultation with our local Public Health Unit.

We have introduced Resident Snack Fridges in allocated dining areas for residents to access a snack of preference at any time. We are also trialling different types of snacks and at present we have banana bread, cheese and crackers, flavoured juice or yoghurt, fruit with jelly cups and crispy apple slices.

Recently we sent an email to your nominated NOK/ EPOA's with the Autumn Menu Survey and we would appreciate their feedback and copies distributed to our residents.

We continue to monitor our service and have Feedback Forms, in the facility, and appreciate all feedback received. On a final note, I would like to take time to reflect on our vision for our organisation. "To reflect God's love as seen in the words and actions of Jesus Christ".

May we continue to show love, peace, kindness, and joy, to all the residents, who we are entrusted by their families to care for their loved ones. Blessings to you all.

Kind Regards, Melanie Grace

- Director of Consumer Care & Services

"A fallen leaf is nothing more than a summer's wave goodbye!"

We have certainly had Mother Nature bless us with many extremes this summer and I am sure I am not alone when I say, "Hurry up and wave goodbye to us Summer".



Kind Regards, Kerry Kennedy - Village Manager





- June H.S.
- Ailsa M
- Alwyn N
- Lesley W
- Pat L
- Graham A

# A warm welcome to the following new permanent residents:

- James S
- Ellen H
- Betty McC



### Bereavements

Our deepest sympathies have gone out to the families who have lost their loved ones over the Summer period.

Pat D, Phyllis J, Jim M, Janet C, Bill G, Mildred M, Joan T, Daphne C, Rose L, Val S, Trevor R, Val M, Von P & Allan St



# **Upcoming Events**

#### **MARCH**

- 2 WildCall Wildlife Show Side 1 & 2
- 7 High Tea
- 14 Brian & Marg concert
- 15 St Patrick's Day Celebrations
- 21 Bus Trip Side 1
- 21 Garden Train
- 27 Bus trip Side 2
- 27 Bus Trip Azalea
- 28 Birthday Party w Denis
- 29 Good Friday
- 30 Easter Saturday

#### **APRIL**

- 5 Easter Monday
- 4 High Tea
- 10 Bus Trip Side 1
- 11 Garden Train
- 17 Bus Trip Side 2
- 17 Rus Trin Azalea
- 18 Birthday Party w Sharor
- 22 Glenda's Fashion
- 24 ANZAC Service
- 25 ANZAC Day Public Holiday

#### **MAY**

- 9 High Tea w Jim Mother's Day Celebration
- 12 Mother's Day
- 15 Bus Trip Side 1
- 16 Garden Train
- 22 Bus Trip Side 2
- 22 Bus Irip *Azalea*
- 30 Birthday Party w Denis





March	APRIL	May	
5 Peggy E	2 Lynne S	4 Jean L	
10 Margaret R	2 Dawn G	8 Sylvia H	
12 Peggy W	14 Marie L	9 Lynette T	
14 Trish W	19 Betty M	12 Edna C	
16 Bev S	24 Peter A	16 Hilda H	
21 Wendy P	29 Marg W	17 David W	
21 Henry B		19 Allan Sw	
27 Trevor W		20 Dot W	
27 Valentine M		20 Barbara Mc	
30 Pam B	T. C.	22 Jeanne C	
		23 Lorna C	
		25 Kamilla G	
VILLAGE	VILLAGE	VILLAGE	
1 Arthur W	1 Edna S	3 Bruce P	
	5 Jay M	8 Ian B	
	10 Pat M	10 Pat M	
	17 Warwick W	13 Marjorie G	
	17 Claire P	16 Margaret F	
	23 Neville W	23 Peter D	
	19 Graham W	24 Betty H	
	28 Ken S		



For all the latest news and photos follow us on Facebook

facebook.com/ christadelphianagedcare



#### REMEMBRANCE DAY -

The loss of Australian lives from all wars and conflicts is commemorated on Remembrance Day.



Originally known as Armistice Day, it was renamed Remembrance Day after WW2 to commemorate those who were killed in both World Wars.



On Friday November 10, Maranatha held a Remembrance Day service which saw Trish W assist with the decorating of the activity room for this annual service. Trish took special pride in assisting the Wellbeing team get the room ready, as her husband Gordon served in the army in WW2 and he was a member of the RSL Geebung.











Gordon travelled overseas and around Australia to educate the younger generation about the war history of Australia especially the Rats of Tobruk and Second 15th Battalion. Trish's father was a Rat of Tobruk.

Jim C, a long serving navy man, took pride in reciting the ODE by heart and laying a wreath alongside fellow resident and long serving Navy man Ralph B.





GLENDA'S FASHION - was highly anticipated by the female residents. There was a wonderful array of clothing, jewellery and handbags.

The ladies had a wonderful time looking. Thank you Glenda.

# Regular Activities Timetable

Cards (500)	Mondays & Fridays	1.30pm
Chair Yoga	Mondays	9.30am
Mah Jong	Tuesdays	2pm
Mens' Shed	Tuesdays (work)	2pm
	Thursdays (social)	2pm
Ladies Group	1st Wednesday of the Month	10am
Social Morning Tea	3rd Wednesday of the Month	9.30am
Craft Group	Thursdays	10am





#### **CHRISTMAS SHIRTS & DECORATIONS -**

Care staff and residents displayed their Christmas Shirts from December 1. Residents also enjoyed helping to decorate Maranatha for Christmas.













CHRISTMAS COOKING - Christmas cookie making and decorating were fun activities that were held on December 5. Residents assisted with making the biscuits to give out at the Maranatha Christmas

Concerts on December 7 and 13.



Thank you to Tracey,











Personal Carer, for her donation of cushion panels for the residents to paint in Art class.

"Hi, my name is Tracy and I moved from New Zealand about two years ago and have worked as a PC for eight years and been at Maranatha for one year. I have two children, 26 and 30 years old, living here in Australia. Arts and Crafts has always been my favourite hobby and while making more space for more supplies, I came across some cushion inserts that needed covers. I suggested to the Wellbeing Team that maybe we could make some and I would sew them together. Here are the beautiful results made by the Wellbeing Team and the lovely residents at Maranatha."





#### CHRISTMAS KARAOKE

Provided by the Maranatha Fundraising Committee members Dawn and John. Christmas icecream and gifts were given out throughout Side 1, Side 2 and Azalea

Christmas karaoke concerts.









GRATITUDE TREE - Carmel, our Wellbeing Spiritual Coordinator, came up with the wonderful idea

of doing a Gratitude Tree. So, we put up two trees, one on Side 1 and one on Side 2.

Residents were encouraged to put down their thoughts on our Christmas baubles of what they are most grateful for this year. Here are just a few.



#### CHRISTMAS CONCERTS - SIDE 1, SIDE 2 & AZALEA

Side 1 enjoyed the music of entertainer Jim, who played country music for the first 30 minutes and then for the next 30, he played Christmas music.



Side 2 enjoyed the music of entertainer Ken. He played the old-time favourites and Christmas music.

Azalea enjoyed Christmas music with entertainer Wayne.

Residents wore Christmas hats and enjoyed the Christmas Cookies made by residents in our cooking group. Residents expressed how much they enjoyed their celebrations.



FLORISTRY - We are always happy to see the wonderful creations in Floristry.





MARANATHA CHRISTMAS MINI MARKET - was a success with Christmas joy, Christmas stall,

Christmas photos, Lucky Numbers and Lucky Door Prizes.

Residents contributed items they had created to sell on the stall and Trish W assisted with setting up and serving on the stall.

Winners of our Lucky Number draw were:

Russ T, Dot W, Dawn G, Hazel P, Frida O, Frank D & Irene G.

Winners of the Lucky Door prizes were:

Poppy C, June V, Jim C, Nancy C, Nisha, Edna C, Gayna G, Mavis R, Edith W, Merle D, Isabelle M, Margaret P, Auriel R, Betty M, Jean C, Marie L, Joe B, Marie Patit, Allan S & Trish W.

Thank you to all who participated, residents, families, staff and volunteers - it was very much appreciated! Thank you to Bunnings and Chempro Kallangur for your donations. Money raised will go into purchasing more resources for our residents.



















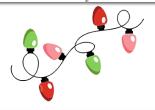
CHRISTMAS LIGHTS - This year saw us travelling around the Moreton Bay region to see the Christmas Lights. Here are some of the wonderful displays.



















Bus TRIP - to Centenary Lakes was an enjoyable outing.





AUSTRALIA DAY - Residents enjoyed celebrating what a great nation Australia is to live in with Aussie Trivia, a general knowledge quiz and thong throwing. Residents also enjoyed singing Advanced Australia Fair and Waltzing Matilda in our Concert on January 25.

Winners of our Aussie Hampers were: *Hazel P and Cec B.* 

Thank you for all you support.



Di S & Tammy



Renee & Trevor



Tammy & Nancy C





BRAVERY BOX DRIVE

In February, we ran our Bravery Box drive for kids with cancer.

Residents, vistors and staff have contributed with small toys for the children to have when they have their cancer treatment.



Peggy W









Hazel P



Margaret B



Entertainer Dennis

### Village Reviews



CHRISTMAS IN THE VILLAGE - The hard-working Maranatha Fundraising Committee put on a delicious morning tea for the residents of the Village on December 19.

There were copious amounts of lovely food to choose from and an opportunity for some of the newer Village residents to meet with fellow residents. Thank you so much for the efforts of the committee members.

The committee also had a Christmas Mini Market offering various different gifts etc.















The Maranatha Fundraising Committee President Dawn pointed out that the committee had raised more than \$600,000 over the 40 years of their service to Maranatha. A wonderful effort!

Kerry with help from elf Jay, delivered Christmas Cheer and small gifts to each Village resident.





SHARING THE SPIRIT OF CHRISTMAS - A few of our Village residents who did not have family connections to spend Christmas with this year enjoyed Christmas lunch under the shade of the trees on the newly-laid lawn (thanks to Ryan and Geoff).

It was quite hot but there was a lovely breeze, plenty of good food, and fellowship.

MORNING TEA AT NEWPORT - Twenty-seven Village residents spent a lovely morning at Newport. It was a glorious day in a lovely shady spot. Residents were lucky to have high tide. Lovely outlook towards Glasshouse Mountains.

A big thankyou to Pat and Gayna for providing lots of homemade goodies. Thanks to Geoff and Jeff for a safe ride.









### **Resident Story**

#### Lorna Clark



Lorna was born in Surrey Hills Melbourne in 1933 to parents Clement and Daphne Ward. Lorna had 2 sister's Valerie and Fay. When Lorna was 13, she moved with her family to Wynnum, Brisbane. At 14 she began working as a sewing machinist making men's trousers and shorts.

Lorna married Ralph Clark in 1950 at the age of 17 – Lorna had met Ralph at her sister's Wedding – he was best man. Lorna stated, "Ralph was very cheeky, he said when we were doing a practise run for the Wedding "You and I will be next" and we were.

Lorna and Ralph had 2 boys David and Robert, both boys were born on the 17th of July 4 years apart and she has 7 Grandchildren and 13 Great Grandchildren.

Lorna lived at Hawthorn when she was first married, then they moved and went to live at Geebung and later to Maranatha in the Independent Living Units.

Lorna and her family used to take regular holidays to the Gold coast to enjoy the sun and surf.

When her youngest was 17 years old – Lorna went back to work for Barry and Roberts at Toombul as a Check out Chick.

Lorna has always loved to work in the Garden

particularly looking after flowers her favourite being Chrysanthemums and Roses.

Lorna loves to play 500 and joins the Monday and Friday group in the ILU and sometimes joins the 500 card game here in the Nursing home on a Wednesday.



### **Staff Profile**

#### Marilyn Fogg

Marilyn was born on December 10, 1961 at the Port Moresby General Hospital. When Marilyn was 17 and a half she met Neville. Marilyn first noticed Nev on Waigani Drive in Port Moresby and Neville first noticed Marilyn on the balcony of the Bank of New South Wales mess in Port Moresby in December 1977 at around the same time.



Marilyn and Nev's next encounter was when they both independently went to live in Mt Hagen, in the highlands of Papua New Guinea. That was in April 1978, so it was meant to be. Neville worked in the Bank, and he also played music at the Hagen Park Motel, while Marilyn worked in the Chemist, selling Neville camera film which he did not need. Marilyn then worked at





the Hagen Park Motel as a receptionist and sometimes duty manager.

They could not avoid seeing each other. Marilyn played hard to get, and Neville even took some flowers and visited her at her Aunties house. Neville was besotted with Marilyn, so the rest was inevitable. They got married in Mt Hagen on October 25, 1980 before moving to Brisbane.

Marilyn and Neville are blessed with three children and seven grandchildren.

### **Pastoral Care**



#### THE POWER OF STORYTELLING

Over the holidays I read a book called "Chai time at Cinnamon Gardens" by Shankari Chandran (2023 Miles Franklin Award winner). It is a story primarily about Sir Lankan immigrants in Australia but looks at it through the stories of those who are linked through the "Cinnamon Gardens" nursing home. The key message that I feel the author wants people to take away from it, apart from the anti-racist sentiments, is that everyone has a story and that these are important. The author states several times in the book the idea that stories are people's temples and that is all we leave behind us so they must be told, heard, and valued.



Storytelling is used in all cultures across the world. Used for entertaining, passing on memories, teaching important cultural lessons and traditions. Creation stories, ways to remember information about foods and locations, personal histories, and ancestry to name just a few.

#### Cultural examples include:

- Australian Indigenous cultures where it is "the heart of Aboriginal culture and the way that their history has been passed down." (yarn.com.au)
- Native America Tribes use stories to keep their history alive and to educate their young people, "many traditional stories use animal characters to teach these lessons in a humorous way" (National Geographic)
- In parts of Africa villages come together to listen to the storyteller for entertainment
- Traditionally in Ireland, storytellers would go from village to village telling old stories and sharing local news and current events
- Jewish tradition has strong links to storytelling with their Passover feast which includes the youngest in the family asking the elders to tell the story of why the Passover night is different to other times

In modern times, storytelling has enriched many lives. We tell children stories as part of bonding with them, teaching them, reading, and using funny voices so they laugh and engage with books. As with young people, storytelling seems to be in pictures! I am thinking of phone apps like Snapchat, Instagram, and TikTok. Spiritual/Pastoral care is also all about storytelling.



The role of the pastoral carer is to listen and encourage stories to be told. When talking of happy memories there will often be a brighter spark in a person's eyes, and they are left feeling the joy again from those times. Alternatively, if memories are resurfacing of difficult times sharing the story is a mark of trust and relationship with the pastoral carer and can lessen the pain. As the saying goes "a problem shared is a problem halved." The more we learn about each other the more there can be understanding and relationship.

For Christians, storytelling is important through the stories contained in the bible and in the weekly actions of remembering Jesus Christ. Psalm 78 says "I will talk in parables, sayings of old, which we have heard and known, and our fathers have told us, showing to the generation to come the praises of the LORD and His strength, the wonderful works He has done." Sharing the challenging times in our lives often leaves those who hear it an impression of the strength that it takes to continue on. A thought that can sometimes be forgotten in the frailty of ageing. With the challenge of the time usually comes a story of a helping hand or opportunity at just the right time. God working His "wonderful works."

I encourage you to spend time engaging with those you care about to hear their stories and share your own.

"Let us hold fast to the confession of our hope without wavering...
and let us consider one another in order to increase love and good works" - Hebrews 10:23

### **Pastoral Care Program**



#### **UPCOMING RELIGIOUS SERVICES**

Please let staff know should you require assistance in getting to any of these services.

PLEASE NOTE: During COVID visiting restriction periods - these activities may be cancelled or changed at any time. (please check your programs as subject to change)

#### **BIBLE READING GROUP**

When: Tuesday - Friday at 9.15am - 9.50am

Where: Activity Hall

What: Bible readings, hymns & prayer

#### PRAISE IN SONG - PIANO WORSHIP

When: Tuesday (monthly)

at 10.45am See program for date

Where: Activity Hall

Who: Estelle on piano - ALL WELCOME -



FAITH – LOVE – HOPE

#### CHRISTADELPHIAN MEMORIAL MEETING

When: Monday Morning (weekly)

at **9.15am** 

Where: Activity Hall

(or via CCTV Channel 4)

Who: Christadelphian

members

- ALL WELCOME -



#### SPIRITUAL MEDITATIONS WEBSITE

Please take a look: www.meditations.website

#### INTERFAITH RELIGIOUS SERVICE

When: Tuesday (3rd monthly)

from **10.45am** 

Where: Activity Hall

(or via CCTV Channel 4)

Who: Pastor Earle Tonges

- ALL WELCOME -

#### ANGLICAN CHURCH SERVICE

When: 2nd Tuesday (monthly)

at **10.45am** 

Where: Activity Hall

(or via CCTV Channel 4)

Who: Father David Ruthven

Northpine Anglican Church

ALL WELCOME



**CATHOLIC COMMUNION/MASS** - Monthly (refer to program for dates & times) MONDAY PRAYER GROUP - Monday at 9.30am - Side 1 - ALL WELCOME -

#### **RELIGIOUS & SPIRITUAL STREAMING CHANNEL - 4 Marantha**

If you are looking for some inspirational spiritual music or services, tune into channel 4 Maranatha Friday's from 10am.



#### UNITING CHURCH CHRISTIAN WORSHIP

When: 1st Tuesday (monthly)

at **10.45am** 

Where: Activity Hall

(or via CCTV Channel 4)

Pastors Glen Lang & Jo Hurt Who:

Pine Rivers Uniting Church

- ALL WELCOME -

#### 'Supporting Maranatha resident's emotional & spiritual wellbeing'

Maranatha offers regular Pastoral Care visits to all residents

Please do not hesitate to contact our Spiritual Care Coordinator at her desk in Sunnyside Room or:

Carmel Hayden on (07) 3482 5333 or chayden@chomes.com.au

### **Volunteer Corner**

#### By Carmel Hayden

PRAISE IN SONG - On December 12, we enjoyed our final Praise in Song for 2023 around the piano with Estelle playing Christmas carols and hymns to celebrate the peace we have through Christ our Saviour. We were supported by eight singers from the Morayfield Uniting Church.



Estelle later played a duet with Margie 'O Holy Night' and then afterwards, Brian



also sang this to us. Brian also took a last-minute song request from Hazel P and sang 'The Holy City' which was so beautiful, it really stirred the audience. May God bless the volunteers who came for Praise in Song this year for their love and support.

**CATHOLIC MASS** - Our Catholic residents enjoyed a Christmas Mass on December 11 with carols played on the piano by Carmel Casey and communion with Father Geo. Many thanks to the Petrie Parish and their volunteers for their ongoing support in 2023.

#### SALVATION ARMY BAND CHRISTMAS CONCERT 2023

On a hot sunny summer's day, Wednesday December 6, we were joined by the Redcliffe City Salvation Army Volunteer band for a wonderful Christmas Concert on the outdoor verandah overlooking the lake at Maranatha.

Keith was our funny and entertaining MC and also conducted the

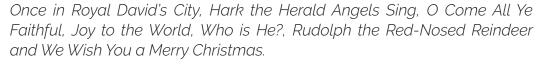


mornings' program. The band was made up of Ossie on the bass, Alan on the Base tone, Geoffrey on the



Cornet, Fiona on the Tena Horne, Ross on the Euphonium, Shibella on the Cornet, Cass on the Baritone, John on the Cornet and also Grace singing along with the residents.





The residents sang along, tapping their toes and clapping their hands. It was a lovely morning singing carols and songs to welcome in the Christmas Season. We thank the band for their support this year and look forward to seeing them again in 2024. May God bless the Salvation Army band.





#### Carmel Hayden

Spiritual Care Coordinator

e: chayden@ chomes.com.au

p: (07) 3482 5316

# Volunteer IN Spotlight

#### JULIE NILSSON

In August 2023, the Maranatha Wellbeing team were looking for an outgoing friendly and vibrant Bingo volunteer to help support our activity team, so we advertised and we had a lovely local lady Julie join us shortly after. Here is a bit more about Julie:



Let me introduce myself. My name is Julie and I have three adult children, four grandchildren and three great grandchildren with another due in September.

I also have two fur grandbabies at home and I help look after my daughters new Kelpie pup called Billi.

I have been with my husband for over 50 years now, we married 47 years ago.

I am addicted to cruising and have been on over 64 cruises since starting in 2006.

I love travelling and am going on a lifelong dream trip to Europe in May this year. We will be visiting places like Rome, Venice, Munich, Amsterdam, Belgium, Paris, Switzerland and Tuscany, then doing a cruise to the Greek Islands.





I also love going to musicals with my daughter and

once I get a new knee, hopefully I can go back to nature walks with her. My proudest moment was when we both hiked up Mount Cordeaux two years ago.

I decided to volunteer at Maranatha firstly as I no longer work and secondly as I go to Bingo myself every week and enjoy it a lot. I lost my parents quite young so hearing the residents' stories, seeing their smiles and faces light up brings me joy. I really enjoy helping the elderly residents at Maranatha.

Thanks Julie for joining our team for Bingo, we really appreciate you!

# Testimony of Faith By Phyllis C COOLABUNIA CHRISTADFI PHIAN

COOLABUNIA CHRISTADELPHIAN ECCLESIA

I grew up out west in Coolabunia, Queensland the eldest of four girls.

Born into a Christadelphian family, my father taught us our Sunday School lessons at home and we attended the Coolabunia Ecclesia for the memorial meeting services most Sundays.

I went down to Brisbane at age 17 to commence my nursing degree. It was then that I got baptised at the Brisbane Ecclesia, which met at Charlotte St at that time.

I have full trust in God and his promises. I believe that Jesus will return to the earth and set up God's kingdom. I look forward to seeing my resurrected loved ones again when Jesus returns.



Life isn't always easy, but I have faith in a better world to come with Jesus in charge.

### Read.Rest.Relax.





#### **INTERESTING EASTER FACTS**

- 1. Easter is the celebration of the resurrection of Jesus Christ in the Christian religion.
- 2. Eggs have been seen as ancient symbol of fertility. Christians consider Easter eggs to symbolise joy and celebration, new life and resurrection.
- 3. The traditional act of painting eggs is called Pysanka.
- 4. Egg dyes were once made out of natural items such as onion peels, tree bark, flower petals, and juices.
- 5. The name Easter owes its origin from Eastre, the Anglo-Saxon goddess who symbolises hare and egg
- 6. The first story of a rabbit (later named the "Easter Bunny") hiding eggs in a garden was published in
- 7. Easter is celebrated at different times by Eastern and Western Christians. That's because the dates for Easter in Eastern Christianity are based on the Julian Calendar.



#### SYMBOLS OF ANZAC DAY



Red poppies were first sold to raise money for people made disabled by war.



Rosemary is pinned to a person's clothes and is for remembrance.



Jack Simpson carried wounded soldiers even in enemy fire. He was killed in 1915 and was only 22. He symbolises bravery.



Medals are awarded for bravery. The Victoria Cross in the highest award.



### Autumn Dijon Chicken Salad

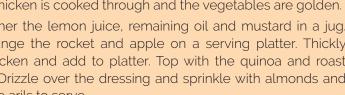


Prep: 15 min Cook: 50 min

#### Ingredients

- 70g (1/3 cup) red quinoa, rinsed
- 2 tbsp chopped fresh tarragon
- 125ml (1/2 cup) olive oil
- 2 1/2 tbsp Dijon mustard
- 700g sweet potato, unpeeled, halved lengthways
- 2 red onions, cut into thick wedges
- 2 chicken breast fillets
- 2 tbsp fresh lemon juice
- 60g baby rocket
- 1 red apple, thinly sliced
- 60g (1/3 cup) roasted almonds, chopped
- 2 tbsp pomegranate arils

- 1. Cook the quinoa in a small saucepan of salted boiling water for 10 minutes or until tender. Drain. Meanwhile. preheat oven to 220C/200C fan forced. Combine the tarragon, 60ml (1
  - /4 cup) oil and 2 tbsp mustard in a jug. Place the sweet potato on a large baking tray. Spoon over half of the tarragon mixture and season. Roast for 15 minutes then add the onion to tray. Roast, turning once halfway through cooking, for a further 20 minutes or until golden and tender.
- 2. Place the chicken and remaining tarragon mixture in a bowl. Toss to coat. Heat 1 tbsp remaining oil in an ovenproof non-stick frying pan over high heat. Cook the chicken for 2-3 minutes each side or until golden. Place the pan in oven with the tray and roast for 15 minutes or until the chicken is cooked through and the vegetables are golden.
- 3. Whisk together the lemon juice, remaining oil and mustard in a jug. Season. Arrange the rocket and apple on a serving platter. Thickly slice the chicken and add to platter. Top with the quinoa and roast vegetables. Drizzle over the dressing and sprinkle with almonds and pomegranate arils to serve.



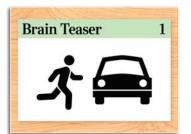
### Puzzle Page





#### **BRAIN TEASERS**

Solving logic problems boosts brain power, keeps your memory strong, and entertains everyone to no end. See how many you can figure out!

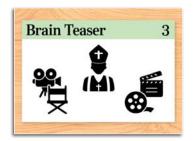


1. A man pushes his car to a hotel and tells the owner he's bankrupt. Why?

**2.** I am the beginning of sorrow and the end of sickness. You cannot express happiness without me yet I am in

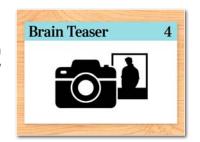
the midst of crosses. I am always in risk yet never in danger. You may find me in the sun, but I am never out of darkness. What am I?

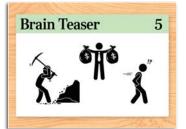




**3.** Arnold Schwarzenegger has a long one. Michael J. Fox has a short one. Madonna does not use hers. Bill Clinton always uses his. The Pope never uses his. What is it?

**4.** A man is looking at a photograph of someone. His friend asks who it is. The man replies, "Brothers and sisters, I have none. But that man's father is my father's son." Who was in the photograph?





**5.** The person who makes it has no need for it. The person who purchases it does not use it. The person who does use it does not know he or she is. What is it?

**6.** A man was walking in the rain. He was in the middle of nowhere. He had nothing and nowhere to hide. He came home all wet, but not a single hair on his head was wet. Why is that?

