

Christadelphian Aged Care

2019 AUTUMN NEWSLETTER

COURTLANDS, WESTCOURT & NORTHCOURT

Address: 15 Gloucester Avenue, North Parramatta NSW, 2151 **Phone:** (02) 8707 6010 **Email:** admin@chomes.com.au

Manager's Message

Dear Residents and Relatives,

Hope everyone has started the year off well and I can't believe we are in Autumn already.

Lots has been happening at the Village. The Terrace level 4 renovations continue and are on track. Planning for renovations for The Grove and The Grange have now commenced and we value the feedback from residents and relatives. To the entrance of the building there is a table set up with samples for everyone to view and there is a booklet that you can write down your preferences and ideas. Please take the time to have a look and put your ideas forward.

There have been some changes to the activity staffing at the Village. The new staff are Mansi who works in the Grange, Sandra who works at Northcourt, Roshni who works in Terrace, and there is currently a contractor working in the Grove. Recruitment is in process to find a permanent RAO for the Grove and also the Vista. Sorry for the inconvenience that this may cause at this time but it is very important to find the correct people to work in this role as it is a specialized area and not just anyone can fill in. With new staff coming aboard this will allow the activity department to fully review programs and activities to make necessary improvements that benefit the residents.

There has also been a change to the previous management of Courtlands and Northcourt. These facilities were both overseen by one manager. It has been decided that these facilities will be managed separately to improve the quality of management. Marilou Molina formerly Senior Care Manager at Courtlands is now Northcourt's Director of Consumer Care and Services and I will remain the same for Courtlands.. Rangeeta Narayan has moved from Northcourt to Courtlands in her care manager role.

Continued over page...

*Light breeze,
colourful leaves
bare trees...
it must be
Autumn!*



“GOD MAKES
EVERYTHING

beautiful
IN HIS TIME”

ECCLESIASTES 3:11



Courtlands Manager's Message contd

On Thursday, 31st January, we had a visit from the Aged Care Quality and Safety Commission to review our progress and to demonstrate improvements from the previous Accreditation held in September 2018. The feedback that was given to us on the day was very positive though the final report has not been issued yet. As you are all aware the Royal Commission into Aged Care has commenced and I'm mindful that some of the stories that the media will be presenting will be alarming and raise concerns, the best advice I can give is to please come any discuss and have a chat with me so I can alleviate any concerns you may have, my door is always open.

Kind Regards, **Joann Raftopoulos** - *Director of Consumer Care and Services*

Northcourt Manager's Message

The bright smiles on resident's face melted my heart as soon as I entered the door then staff cheering at the nurses' concierge, what a grand welcome it was. I am very pleased indeed to have taken the challenge of being the Acting Facility Manager at Northcourt commencing 21 January 2019. My 12 years' experience in Aged Care have equipped both my operational and clinical skills to empower all the staff at Northcourt to maintain and uphold the quality of care for all the residents.

In addition to changes, I am delighted to introduce Sandra Hargrave the newly appointed Leisure and Lifestyle Officer for Northcourt. With her extensive experience in this field for 20 years, Sandra takes great pride in enhancing each of the residents lives with activities focused on resident's individual preferences. One of the highlights of monthly activities will be on Cultural Diversity Program commencing March whereby Greece culture will be celebrated.

At Northcourt, we are aiming to enhance the home like environment for our residents with respect to their preferences and choices. We also warmly welcome any feedback or suggestions from resident's advocate, guests and staff.

Looking forward for a wonderful year with full of surprises, enjoyment and cheers within our home. Many thanks to all.

Warmest Regards, **Marilou Molina** - *Director of Consumer Care and Services*

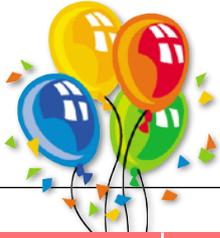
The sparkle of Christmas and New Year has now passed, the heat of January is now cooling, and we have settled into 2019 routines and can't believe the shops are selling hot crossed buns already! Across our land we have seen out of control bushfires in Tasmania, devastating floods in North Queensland and extreme heat breaking records in many areas. We truly live in a country "of droughts and flooding rains, the hot gold hush at noon, sick at heart around us, we see the cattle die, her beauty and her terror, the wide brown land for me". Please continue to remember all those who have been suffering in your prayers and thoughts.

We experienced another torrential storm and another blackout, thankfully just a few hours this time. It is timely to remind all residents to have on hand a good torch or two, one in the kitchen and one in the bedroom, for use during these times. If you do lose power, please alert us by pushing your HELP system button or pendant. You should advise the INS operator of your circumstances including that you are safe. Don't forget to check your HELP system every month or more often if you like. This might be a good opportunity to check your torch batteries too.

Both Maranatha and Courtlands Aged Care Homes have recently been visited by the Aged Care Quality and Safety Commission and have been given excellent reports. Congratulations to Kathy, Joann and their fabulous teams who work together to achieve together.

We have had quite a number of new residents move into our Villages of late and I would like to welcome you all to the Christadelphian family. I trust you are settling into your new homes and able to join in village life. Please drop by and ask any questions you might have - Kerry and Chris, Manjula and Kristen - will be able to help you. Kind Regards, **Jane Burns** - *Senior Manager, Retirement Villages*

Retirement Village's Message



Happy Birthday!



MARCH	APRIL	MAY	MARCH	APRIL	MAY
Self Care	Self Care	Self Care	Vista	Vista	Vista
Marie	Mena	Marsha	Albert	Heather	Georgette
Rose	Barbara	Ingrid	Paul	Margaret	Eric
Beryl	Jan	Keith	Tony	Glenda	Nigel
Joy	George	Emily	Doreen		
Wilma	Meryl	Bert	Terrace	Terrace	Terrace
Ian	Laurie	Iris	Gwen	Tessie	Bert
Bev	Joan			Maria	Nancy
Nancy	Joyce			Judith	Christine
Fiona	Malcolm			Gladys	Ruth
Mavis	Judith			Beryl	Lynette
Robert	Marion		Grove	Ted	Lorna
Enid	Sandra		Nancy	Renata	Keziah
Harry	Christine		Joan	Patricia	
Liz	Betty			Anita	
Norma				Ian	
			Grange	Grange	Grange
			Eileen	John	
			Amira	Sylvia	



Upcoming Events

MARCH	APRIL	MAY
Grange	Grange	Grange
5th - Shove Tuesday/Pancake Day 14th - St Patrick's Day 20th - Picnic Bus Trip <i>Every Thursday afternoon - Wise Men Hub</i>	10th - Picnic Bus Trip 18th - Easter Celebrations 24th - Anzac Service <i>Every Thursday afternoon - Wise Men Hub</i>	9th - Mother's Day High Tea <i>Every Thursday afternoon - Wise Men Hub</i>
Grove	Grove	Grove
5th - Shove Tuesday/Pancake Day 14th - St Patrick's Day 20th - Picnic Bus Trip	10th - Picnic Bus Trip 18th - Easter Celebrations 24th - Anzac Service	9th - Mother's Day High Tea
Vista	Vista	Vista
5th - Shove Tuesday/Pancake Day 14th - St Patrick's Day 20th - Picnic Bus Trip <i>Every Tuesday - Art Club</i>	10th - Picnic Bus Trip 18th - Easter Celebrations 24th - Anzac Service <i>Every Tuesday - Art Club</i>	10th - Picnic Bus Trip 18th - Easter Celebrations 24th - Anzac Service <i>Every Tuesday - Art Club</i>
Northcourt	Northcourt	Northcourt
<ul style="list-style-type: none"> • Men's Toolbox projects • Ladies Patchwork group • Northcourt High Tea • Chocolate making 	<ul style="list-style-type: none"> • Cupcake making • No bake Cheesecakes • Club outings • Creative Crafts 	<ul style="list-style-type: none"> • Family BBQ • Knitting for a cause • Northcourt Cafe
Self Care	Self Care	Self Care
6th - Lunch trip to Mooney Mooney Club 11th - Afternoon Musical Movie 19th - Afternoon Movie 25th - Men's Happy Hour 26th - Afternoon Movie 27th - Self Care Morning Tea 28th - Village Film Night	3rd - Lunch Trip 4th - Stafford Fashions 11th - Easter Celebration 24th - Anzac Service	1st - Lunch Trip 8th - Mobile Shoe Shop 12th - Mother's Day 22nd - Self Care Morning Tea 29th - Zara's Fashion



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Activity Reviews

TERRACE

It was an amazing last couple of months for Terrace. It was the month of celebrations with Christmas, New Years and Australia Day. Many new activities were introduced and some old favourites were kept the same. We ended the year with a beautiful Christmas Lunch which was followed by entertainment and nibbles along with family and friends. We also had Santa visits and received presents along with lots of dancing. The year ended on an extremely high note.



2019 brought along lots of new activities. We started **coffee discussions** where we would go up to Level 4, grab a cup of coffee from the machine and do a little show and tell or discuss contemporary issues in the village lounge.



We also have **quoits** in which we all cheer each other on and see who can get the highest by the end of the game.



Art class is another favourite where residents have the opportunity to paint. It's almost like meditation class as the residents' concentration is at its peak. They learn to appreciate each other's work and now has become so popular that we are now having the classes every fortnight.

Another new addition are the **crossword puzzles and quiz afternoons**. These are for the ones interested in brain teasing activities. We love doing crosswords together in the mornings with our coffee.



Activity Reviews

TERRACE *continued*

The **bus trips** are lots of fun. We have morning tea, go out shopping and have lunch out. Last month we went to Picton Club; it was a beautiful long drive and they had a good range of options to choose from. Everyone had lots of fun during the day and we drove back singing some Australian classics for Australia Day.



We celebrated **Australia Day** with an entertainer and we enjoyed with cake and nibbles singing along to our favourite classics.

The next few months will be similar in which we will have similar activities and change around some old ones. We are looking forward to Shrove Tuesday, Mother's day high tea, St Patrick's day and Easter as some of the big events coming up later on in the year.



GRANGE

December was busy and the best month of the year. We enjoyed **Christmas** lunch and afternoon with entertainment and nibbles with family. We also had visit from Father Christmas, giving us laugh and gifts.



We started 2019 with exciting new activities. We introduced beauty bar with hairdresser morning. We got pampered with foot spa and massages.

Activity Reviews

GRANGE continued

We have started Vista's Sister Group with ladies from Grange, Grove and Vista, where friendship is building up with morning tea and chit chat.

For our men, we started **Wise Mens Hub**, where men enjoy beer with games or wood work project.



Activity Reviews

GRANGE continued

We also celebrated **Australia Day** with BBQ Lunch with Australian classic karaoke.



In February, we celebrated Chinese New Year with Chinese food and fortune cookies. We also celebrate Valentine's Day afternoon tea.



GROVE

Our residents enjoyed the occupational activities, scenic bus trips, sensory activities, and social activities.

Also, we loved celebrating May's 101st birthday!



VISTA

Residents enjoyed Christmas lunch and afternoon with family and friends. They were introduced to new activities like foot spa, Vista Sister Group and milkshake and ice cream kiosk. We celebrated Armchair Travel to South Africa with Kim (our RSO). We also celebrated Chinese New Year.

Activity Reviews

NORTHCOURT

Residents enjoyed a variety of activities.



Personal Expressions of Art



Reminiscing "cars" through the ages



Friendship building

Pampering foot spas



Fun and Games

TODAY
WILL NEVER COME AGAIN.
Be a blessing.
Be a friend.
Encourage someone.
Take Time To Care.
Let your words heal,
and not wound.

FUNNY PUNS



Activity Reviews

SELF CARE

December was an eventful month, not only with Father Christmas visiting and our Christmas lunch, but also the beginning of some changes in our Self Care staffing.



Joanna resigned after many years of dedication to the village and she will be fondly remembered for her time here at Courtlands. Sherene's role changed, as she became dedicated to Self Care in her new role of Wellbeing Coordinator and Terri was offered and accepted the Recreation Officer Role.

During January, our groups continued: trivia, the walking group, movie afternoons and the weekly bingo. Although the weather has been rather extreme, we could seek refuge at the Village Centre and enjoy each other's company participating in these and other activities. If you are yet to try any of these or haven't for a while, we welcome you to please come along and join us.



We held the first lunch outing for the year at Fox Hills Golf club; we had 30 people attend enjoying the company, meal and atmosphere of the facility.

We have a new bus! Plans to get few upgrades on the bus are under way, things like new signage and a reversing camera. This additional bus will enable more residents to attend our outings and more outings to be planned.

With the new changes comes new ideas. We would like to introduce a "Gardening Club", this would be a once a month get together, sometimes visiting nurseries other times walking around Courtlands seeking cuttings etc.



Happy Anniversary

Happy 76th Wedding Anniversary to Lyndon & Gladys Kent.
What an amazing milestone!
You can read Gladys' thoughts on her special day on the right.
We wish them many more years.

MY OWN THOUGHTS ON MY WEDDING DAY.

LYN - my man, the man who would be my husband before many minutes were past - was there waiting for me. Everybody was waiting for me. It was my great day, the fulfilment of all my hopes, the coming true of all my dreams.

Triumph and intoxicating delight surged through my heart as I stepped, so lightly it seemed I walked on air, up the aisle toward the altar. I was aware of a movement among the people as I went forward. They were turning curiously to look at me. It was as if their murmuring echoed, the deep resonant notes of the organ: "Here Comes the Bride!" The Bride! The Bride!

And Lyn standing up there with his face toward me. Nervously he smiled as I walked to meet him on the day which proved to be the happiest day of my life.

Walking at Courtlands

How much physical activity do you need to do to improve your health or stay healthy?

How much activity you do each week depends on your age and level of health, however, if you are generally fit and don't have any mobility limiting health conditions, then you should try to be active every day.

Try doing a range of activities throughout the week, those that can help to maintain fitness, strength, flexibility and balance. Take it slowly and easy to begin with - build your routine up as you go and always keep a check on your health, heart rate and physical condition.

If you have strong relationships with others you tend to feel more satisfied with life, have delayed progression of dementia and are more independent.

It's important to continue social activities and interactions with family and friends to maintain relationships. It's also recommended to regularly take part in your retirement village activities or join a local group, and get to know your neighbours. Staying connected can help you stay mentally and emotionally healthy.

Walking is suitable for people of all ages and fitness levels. It can be done just about anywhere and is free! Walking also has a very minimal risk of injury as it is low-impact (not jarring on the joints) and doesn't require any special equipment or training.

When walking in a group, you are more likely to reach the recommended physical activity guidelines of 30 mins a day and remain committed to the program because of the friendships you make and through the support of others.

So why don't you join Terri's walking group - meet at reception on a Tuesday at 8:30am. The route varies on the day depending on how everyone is feeling and the weather conditions. It's a friendly group who enjoy looking at the gardens and chatting while we walk. We may even venture to Lake Parramatta when the weather is more mild.

JOIN TERRI'S WALKING GROUP: TUESDAYS AT 8.30AM (MEET AT RECEPTION)



Resident Story - John



John was born in Scotland. He was married to his wife Ann Elizabeth and had two children; a son named Paul and a daughter named Belinda Ann. He was trained as a Horticulturist and worked at several gardens including Sydney Botanical Gardens for a number of years.

John is also a trained calligrapher, which he continues to enjoy until this day. He has used his talents for both family and friends on special occasions, and has also served as a calligrapher at church. He also enjoys painting, which he has displayed in his room.

Other hobbies include ballroom dancing, gardening and travelling. He has travelled all over Australia with family and even

back to Scotland to visit family back home.

John moved to Courtlands Retirement Village to be close to his wife Elizabeth, who required nursing care in the Grange. While he was in the retirement village, he enjoyed teaching ballroom dancing to other residents. After a number of years, John's health declined and he required more care so he moved into Grange, where he is very well liked by the staff and fellow residents.



Staff Profile - Rangeeta



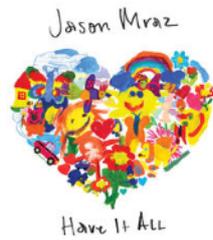
Greetings to all! I was born in the beautiful paradise of Fiji and migrated to Australia 9 years ago. I had practiced nursing in Fiji for 4 years before I got married and moved here. I studied in South Australia to upgrade my qualifications before moving to Sydney.

I worked in the Southern Highlands for 2 years before being employed by Christadelphian Aged Care; it's almost 3 years now. I started as a Registered nurse in Northcourt and was later promoted as a Clinical Manager. I have been actively involved in the transformation to make Northcourt a boutique style nursing home. I have recently taken up a new opportunity to work in Courtlands in the same role but have moved up and have been meeting staff and working in the team to make a point of difference.

I enjoy exploring new areas and visiting parts of Australia in my spare time. I also find great pleasure in baking and persevering with my organic planting. I want to travel and explore Japan and may go to London to meet the Queen one day.

Respectful, **A**mbitious, **N**eat, **G**rateful, **E**nthusiastic, **E**nergetic, **T**ransparent and **A**spirer describes my name. I try to live everyday happy, content and to find great satisfaction in dedicating my life to such a noble profession.

Pastoral Care



HAVE IT ALL

There is a song that seemed to have been played a lot on the radio at the end of 2018 – “Have It All” by Jason Mraz. A couple of lines stood out: “May the best of your todays, Be the worst of your tomorrows”.

The song is aimed at young people, and also includes the line “may you be as fascinating as a slap bracelet” (if you don’t know what they are then you’re probably older than Mraz’ target audience!) The song makes me think of my daughter, her struggles of growing up and her hopes for the future. But I wondered if there was more than this. Could the blessing above still be appropriate in the later stages of life? Can we still expect that our tomorrows will be better than our todays?



The answer to this all depends on how you characterise what makes something better or worse. With age, there often comes ill health and physical or mental challenges – but it can also come with the freedom to do what is important to you and to spend more time with family and friends. It can be a time when you experience concrete examples of love and care. It can be a time for reflecting on what has been achieved, on the many connections that have been made, and lives that have changed.



As the title of the song suggests, there is the desire in life to have it all. Age brings with it the opportunity to reflect on what you have had – not simply materially but more importantly the experiences and the relationships you have had. Two more lines from the chorus are “here’s to the lives you’re gonna change, here’s to the infinite possible ways to love you”. This is what it means to “have it all” – to meet people, to fall in love, to make friendships that last lifetimes.

Our worst days are when we feel overwhelmed and unable to cope with whatever challenge faces us. Our best days are when we feel loved, valued, safe. Regardless of circumstance, each new day provides us with an opportunity to make our loved ones feel exactly that – loved. And with that love there comes the opportunity to bring some comfort, a smile, an act of kindness.

The last chorus finishes with:

*“Here’s to the good times we’re gonna have
Here’s to you always making me laugh
Here’s to the fact that I’ll be sad without you
I want you to have it all.”*



May we take each day to show the “infinite ways to love”, remember our blessings and continue to make memories which can carry us on through the times which remain – be they happy or sad.

By Nerida O’Neill

Volunteer and Pastoral Care Coordinator, Ashburn House

Bereavements

Our deepest sympathies have gone out to the families who have lost their loved ones over the Summer period.



Volunteer Corner



The recommencement of the school year has also seen the return of the volunteers from The King's School, our neighbours in North Parramatta. Smartly dressed in their distinctive uniforms, George, Brandon and Jonathan have been joined this term by Philip and Chris and have provided help, entertainment and conversation for the residents of Vista, Grove and Grange for three hours each Monday afternoon.

The King's School is Australia's oldest independent school. It was founded in 1831 by command of King William IV of England as a boys' school that aimed to provide Australia with its next generation of leaders. It sits on 300 acres of park-land in North Parramatta, and is committed to the development of good character and those values that are consistent with a caring and Christian community.

William IV came to the throne of England when he was 64 years old, on the death of his elder brother George IV. The almost-seven years of William's reign saw the success of several reforms in which he was influential including an update to the poor law, restrictions on child labour, abolition of slavery across nearly all of the British Empire, and a refashioning of the British electoral system. He was the last monarch to appoint a prime minister contrary to the will of the English Parliament. He died at age 71, and was succeeded on the English throne by his niece Victoria.

The King's School reflects the vision of the leaders of that time. At its opening, its founder's speech included the statement that "those educated at The King's School should enjoy those advantages of liberal education which can alone expand and invigorate their understandings in the degree which their rank and employment will call for, and give them those enlarged and liberal views of morals and the science of government, those sentiments of independence, and that fixed impression in favour of revealed religion and correct representation of its doctrine, which afford in any country the surest guarantee that its affairs will be well and honestly administered". The King's School has proceeded to fulfil that vision, with Crown Princes, leaders of political parties, Rhodes Scholars, authors, actors, and leaders in law, medicine and a wide range of other professions all having been educated there.

The uniform worn by students at The King's School reflects the influence of the military forces on the school's history. It is the oldest military uniform still worn in Australia. It has navy blue trousers with a vertical red stripe, a blue or a white shirt (depending on the day on which it is worn), black shoes, and a jacket made of a black and white woollen material, stitched in a birds-eye pattern. This blazer is similar to those worn by leaders of the British forces at the Battle of Waterloo in 1815.

As representatives carrying with them the traditions and history of this school, but also for the gentleness, good nature and talents seen in their own characters, we welcome these five boys and value the help they give us here at Courtlands each Monday.



If you are interested in joining the Volunteer program, please do not hesitate to contact us:

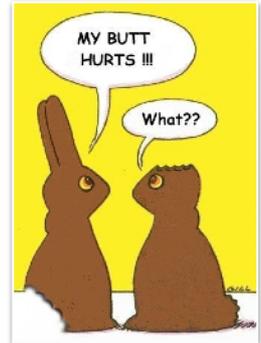
Ph: 9683 8000

Read, Rest & Relax!



INTERESTING & FUN FACTS ABOUT EASTER

- Easter is the celebration of the resurrection of Jesus Christ in the Christian religion.
- In Australia, the Easter Bunny is widely controversial due to the damage rabbits cause to crops. Many prefer to purchase a chocolate Easter Bilby instead with profits from many sales going to support bilby conservation projects.
- The first story of a rabbit (later named the “Easter Bunny”) hiding eggs in a garden was published in 1680.
- Eggs have been seen as an ancient symbol of fertility, while springtime is considered to bring new life and rebirth.
- When people gorge on a chocolate Easter bunny, 76 per cent bite off the ears first, 5 per cent go for the feet and 4 per cent opt for the tail.
- The name Easter owes its origin to Eostre or Eastre, an Anglo-Saxon goddess of light and the dawn who was honoured at pagan festivals celebrating the arrival of spring.
- The custom of giving eggs at Easter has been traced back to Egyptians, Persians, Gauls, Greeks and Romans, for whom the egg was a symbol of life.
- Chocolate Easter eggs were not introduced until the early 1900s. Before the exchanging of chocolate eggs, gifts consisted of decorated chicken eggs and stuffed hollow cardboard eggs.
- Some believe that the cross on a hot cross bun is a symbol of the cross Jesus was nailed to, but in fact, the Anglo-Saxons ate these buns, decorating them with a cross to symbolise the four quarters of the moon. In English folklore, it is believed that hot cross buns would help an ill person get better. They may not be a cure to any illness, but they will certainly put a smile on your face.



Chewy Anzac Biscuits

- 1 cup rolled oats
- 1 cup plain flour
- 2/3 cup brown sugar
- 2/3 cup desiccated coconut
- 125g butter, chopped
- 2 tablespoons golden syrup
- 1/2 teaspoon bicarbonate of soda



(Makes 24)

1. Preheat oven to 160°C/140°C fan-forced. Line 3 baking trays with baking paper.
2. Combine oats, flour, sugar and coconut in a bowl. Place butter, syrup and 2 tablespoons cold water in a saucepan over medium heat. Stir for 2 minutes or until butter has melted. Stir in bicarbonate of soda. Stir butter mixture into oat mixture.
3. Roll level tablespoons of mixture into balls. Place on trays, 5cm apart. Flatten slightly. Bake for 10 to 12 minutes or until light golden*. Stand on trays for 5 minutes. Transfer to a wire rack to cool completely. Serve.

**For crisp Anzac biscuits, cook for 15 to 16 minutes.*



EASTER TRIVIA

1. How do the majority of children eat their chocolate bunnies?

- a) Broken into pieces
- b) Tail first
- c) Ears first
- d) Feet first

2. How did eggs come to be associated with Easter?

- a) Edible treat easy to decorate
- b) Came from a chicken that is a symbol of Easter
- c) Because it was inexpensive
- d) It was considered a symbol of life

3. What is the most popular jellybean flavour?

- a) Cherry
- b) Strawberry
- c) Lime
- d) Grape

4. What kind of bread is associated with Easter?

- a) Bagel
- b) Hot Cross Buns
- c) Banana Bread
- d) Biscuit



5. What is the name for the traditional Ukrainian craft of egg decorating?

- a) Scratched eggs
- b) Etched eggs
- c) Psysanka
- d) Paschal eggs

6. From which country the Easter Bunny was brought to America?

- a) Italy
- b) Germany
- c) Ukraine
- d) Hungary



7. The Easter Bunny was not a rabbit at first. What was it?

- a) a Dove
- b) a Hare
- c) a Cat
- d) A Possum

8. Where is the world's largest collection of Easter eggs?

- a) Poland
- b) Ukraine
- c) Canada
- d) United States



9. On which day is a tradition to make pancakes?

- a) Ash Wednesday
- b) Easter Monday
- c) Good Friday
- d) Shrove Tuesday

10. Which flower is associated with Easter?

- a) Rose
- b) Dahlia
- c) Tulip
- d) Lily



11. Where is the world's largest decorated Easter egg?

- a) Canada
- b) United States
- c) Germany
- d) Ukraine

12. What are the Easter colours?

- a) Pink and Purple
- b) Yellow and Pink
- c) Purple and Yellow
- d) Green and Purple



Answers: 1. c) 2. d) 3. a) 4. b) 5. c) 6. b) 7. b) 8. a) 9. d) 10. d) 11. a) 12. c)